

# Prayer Book

Name: \_\_\_\_\_



## Mission Statement

*Learning our Faith, Living our  
Faith, Loving our Faith*



**St Michael**, pray  
for us

**St Martin**, pray  
for us





## What you should know already:

The Lord's Prayer, Hail Mary,  
Glory be, Grace before meals,  
Grace after meals

### Years 3 and 4

p.1 The Apostles'  
Creed

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Spirit

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# The Apostles' Creed

I believe in God, the Father almighty  
Creator of heaven and earth, and in Jesus  
Christ, his only Son, our Lord, At the words  
that follow, up to and including the Virgin  
Mary, all bow. who was conceived by the  
Holy Spirit, born of the Virgin Mary,  
suffered under Pontius Pilate, was  
crucified, died and was buried; he  
descended into hell; on the third day he  
rose again from the dead; he ascended  
into heaven, and is seated at the right  
hand of God the Father almighty; from  
there he will come to judge the living and  
the dead. I believe in the Holy Spirit, the  
holy catholic Church, the communion of  
saints, the forgiveness of sins, the  
resurrection of the body, and life  
everlasting. Amen.

# Act of Contrition

O my God, because you are so good, I  
am very sorry that I have sinned  
against you, and with the help of your  
grace I will not sin again.

# Angel of God

Angel of God, my guardian dear, to whom  
God's love commits me here, ever this day  
be at my side, to light and guard, to rule  
and guide. Amen.

# Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray O God, who by the light of the Holy Spirit, did instruct the hearts of your faithful, grant that by that same Holy Spirit, we may be truly wise, and ever rejoice in your consolation, Through Christ our Lord. Amen.

# The Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ, for all the benefits which you have given me, for all the pains and insults which you have borne for me. O most merciful Redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

# Morning Offering

O Jesus, through the most pure heart of Mary, I offer you all my prayers, thoughts, works and sufferings of this day for all the intentions of your most Sacred heart.

# The Magnificat

My soul proclaims the greatness of the Lord, and my spirit rejoices in God my Saviour, for he has looked upon his handmaid in her lowliness; for behold, from this day forward, all generations will call me blessed. For the Almighty has done great things for me, and holy is his name. His mercy is from age to age for those who fear him. He has made known the strength of his arm, and has scattered the proud in their conceit of heart. He has cast down the mighty from their thrones and has exalted those who are lowly. He has filled the hungry with good things, and has sent the rich away empty. He has helped his servant Israel, mindful of his mercy, even as he promised to our fathers, to Abraham and his descendants for ever. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end.

Amen.

# Act of Faith

My God, I believe in you and all  
that your Church teaches, because  
you have said it, and your word is  
true.

# Act of Hope

My God, I hope in you, for grace  
and for glory, because of your  
promises, your mercy and your  
power.

# Act of Love

My God, because you are so  
good, I love you with all my  
heart, and for your sake, I love  
your neighbour as myself.

# My prayers