

[WEEKLY MENU]



Week 1

Week Commencing: Mon 2nd Sept - Mon 23rd Sept - Mon 14th Oct - Mon 11th Nov - Mon 2nd Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Caribbean Vegetable Curry	Beef Burger & Homemade Potato Wedges (G, SE*, SO, SU)	Roast Turkey & Gravy	Meatball Pasta Bake (E, G, MK, SO)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Vegetable Curry (G*)	Vegetable Bean Burger & Homemade Potato Wedges (G, SE*)	Vegetable Parcel (CE, G)	Tomato & Basil Pasta (CE, G)	Vegan Nuggets & Chips (G)
Vegetable Choice	Steamed Rice & Seasonal Vegetables	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas
Dessert of the Day	Syrup Sponge with Custard (E, G, MK)	Strawberry Mousse (MK)	Iced Vanilla Sponge (E, G, MK)	Vanilla Shortbread Biscuit (G)	Ice Cream (MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

St Michael & St Martin
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[WEEKLY MENU]



Week 2

Week Commencing: Mon 9th Sept - Mon 30th Sept - Mon 21st Oct - Mon 18th Nov - Mon 9th Dec

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Roasted Winter Vegetable Pasta (G)	Meat Feast Pizza (G, MK)	Roast Beef & Gravy	Butter Chicken Curry & Rice (CE, G*)	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Veggie Meatballs & Pasta (CE*, E*, G, MU*, SE*, SO)	Margherita Pizza (G, MK)	Winter Vegetable Quiche & Nut Free Pesto (E, G, MK)	Lentil Dhal (CE, G)	Veggie Sausage Roll (G, MK*)
Vegetable Choice	Seasonal Greens & Chef's Salad	Seasoned Potato Wedges & Baked Beans	Rustic Roast Potatoes & Seasonal Vegetables	Green Beans & Cauliflower	Beans or Peas
Dessert of the Day	Honey & Raisin Flapjack (G)	Toffee Pear Crumble (G, MK)	Classic Jam Sponge & Custard (E, G, MK, SO*)	Apple Pie & Custard (G, MK)	Chocolate Banana Cake with Chocolate Sauce (E, G, MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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Week 3

Week Commencing: Mon 16th Sept - Mon 7th Oct - Mon 4th Nov - Mon 25th Nov - Mon 16th Dec



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Macaroni Cheese (G, MK)	BBQ Jerk Chicken	Roast Chicken & Gravy	Spaghetti Beef Bolognese (G)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Roasted Squash & Root Vegetable Lasagne (E*, G, MK)	Roasted Vegetable Cottage Pie	Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (CE, G)	Vegetable Bolognese with Spaghetti (CE, G)	Cheesy Calzone & Chips (G, MK)
Vegetable Choice	Chef's Salad & Coleslaw (E, MU)	Rice & Peas & Seasonal Vegetables	Rustic Roast Potatoes & Seasonal Vegetables	Garlic Bread & Green Salad (G, MK*, SO*)	Beans or Peas
Dessert of the Day	Winter Berry Traybake (E*, G, MK, SO)	Fruit Jelly	Apple Crumble & Custard (G, MK)	Lemon Drizzle Cake (E, G, MK, SU)	White Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				

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