

# Flu Immunisation

 Hounslow School Aged Immunisation Team

A bit about us . . . . .

Hello! We are the Hounslow School Aged Immunisation Team, a small friendly team of Nurses that are responsible for giving any vaccines that are due at school or for school aged children (5-18). We are based at a small clinic in Heston and travel to all schools across the borough to administer these vaccines. This Newsletter is all about the upcoming Flu Nasal Spray vaccinations that are due in school between September and December for all Primary School Children and all children in SEN schools up to the age of 18. Please do check out the links provided for more information!

What is the Flu Nasal Spray Vaccination?

The children's flu nasal Spray vaccination is offered as a yearly nasal spray to children and young people to help protect them against Flu. It is a live vaccine given as a spray in each nostril. Its quick, painless and works effectively in young children!

Why should my child have the Flu Nasal Spray Vaccination?

- Influenza virus can cause fever, stuff nose, dry cough, aching muscles and joints lasting several days
- Its Different from a common cold and can cause very high fever in younger children
- Complications that occur from flu include painful ear infection, acute bronchitis and pneumonia and rarely death

How does the Flu Nasal Spray Vaccination program work in schools?

- You will have receive a consent form via email from your school, Its really important to return a form whether you want them to have it or not!
- On the day the team are at your child's school they will be called down to the vaccination area with their class and teacher or someone that knows them.
- They will be given the nasal spray by a Registered Nurse. After they have the vaccine they will return to class with their teachers .
- You will receive an email with confirmation of the vaccine given within 24hours

What Happens if my child misses the vaccination at school?

You can attend our catch up clinics with your child- the times and dates of our clinics will be sent out to you via the school. These are appointment only though, so please call and book asap as slots go fast!

Further Information:

[Protecting your child against flu; Information for parents and carers \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

[All about flu and how to stop getting it - Simple version \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)


[Why your child should get the flu vaccine this winter - Henry's Story - YouTube](#)

[Flu: 5 reasons to get your child vaccinated - Primary School \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)

Team contact details

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 Did you know?

We offer an alternative gelatine free Injectable vaccination at our catch up clinics!