



Looking for free rainy day activities?



The summer holidays are just around the corner and while we're hoping for more sunshine, you never know.

Looking for ways to get the kids moving more and using screens less? We're here to help!

Check out our rainy day activities.



Our **FREE** healthy lifestyle programme, **Beezee Families**, can help you get moving, find tasty recipes, and have fun no matter the weather!

Scan the code to sign up today

...or click here to get started



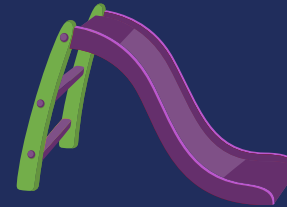
healthyhounslow.co.uk

Get a **FREE** summer activity pack



Find out more on our website

Make an indoor obstacle course



Have a dance party



Host an indoor picnic



Play sink or float



Find a see-through container, fill with water and get experimenting!

Try a new healthy recipe



Write a play and perform it



Go on a puddle walk



Don't forget the wellies!

