

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Pepperoni Pizza (CE*, E*, MK, MU*, SO*, G/W)	Chicken Curry with Steamed Rice	Butcher's Sausage With Mashed Potato & Gravy (CE, MK, SO, SU, G/W)	Honey Glazed Chicken with Homemade Wedges (SO, G/W)	Salmon Fishcake & Chips (F, G/W)
VEGGIE	Margherita Pizza (MK, G/W)	Cherry Tomato & Spinach Pasta (CE, G/W)	Roasted Vegetable Filo Parcel with Homemade Tomato Sauce (G/W)	Vegetable Burger (SE*, G/W)	Vegan Nuggets & Chips (G/W)
SIDES	Homemade Potato Wedges & Green Salad V	Sweetcorn	Roasted Carrots & Parsnips V S	Homemade Potato Wedges with Carrots & Green Beans V	Beans or Peas V
PASTA & JACKET	Jacket & Salad	Jacket & Salad	Tomato & Basil Pasta (CE, G/W) V	Vegan Roasted Vegetable Pasta (G/W) V	Mac & Cheese (MK, G/W)
PUD	Honey & Raisin Flapjack (G/B*, O, W*)	Caramel Apple Crumble with Custard (MK, G/W) S	Lemon Drizzle Cake (E, MK, SO*, SU, G/W)	Fruit Jelly V	Ice Cream with Fresh Fruit (MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

1 SEP / 22 SEP /
13 OCT / 10 NOV /
1 DEC

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Hoi Sin Chicken Stir Fry (CE, MU*, SO, G/W)	Beef Burger (SE*, SO, SU, G/W)	Chicken Pie With Gravy (MK, G/W)	Spaghetti Beef & Lentil Bolognese (SO, G/W)	Fish Fingers & Chips (F, G/W)
VEGGIE	Veggie Supreme Pizza (MK, G/W)	Cheese & Tomato Pinwheel (MK, G/W)	Quorn & Vegetable Noodles (E, SO, G/W)	Quorn & Vegetable Curry (E)	Mac & Cheese (MK, G/W)
SIDES	Steamed Rice or Homemade Potato Wedges & Green Salad	Homemade Potato Wedges with Baked Beans or Green Salad V	Mashed Potato with Roasted Carrots & Parsnips or Stir Fried Greens	Homemade Potato Wedges with Carrots & Green Beans	Beans or Peas V
PASTA & JACKET	Jacket & Salad	Vegan Roasted Vegetable Pasta (G/W) V	Tomato & Basil Pasta (CE, G/W) V	Jacket & Salad	Mac & Cheese (MK, G/W)
PUD	Rice Crispy Cake	Fruit Jelly V	Apple Crumble with Custard (MK, G/W) S	Carrot Cake (E, MK, SO*, G/B*, O*, W) S	Ice Cream (MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

8 SEP / 29 SEP /
20 OCT / 17 NOV /
8 DEC

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WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Chicken Noodles (E, SO, G/W)	Beef Lasagne With Lentils (E*, MK, G/B*, W)	Roast Chicken & Gravy	Beef & Lentil Keema Curry with Steamed Rice	Battered Fish & Chips (F, G/W)
VEGGIE	Sweet Potato, Chickpea & Coconut Curry (CE, G/B*, O*, R*, W) V S	Beef, Lentil & Mixed Bean Chilli Con Carne (G/B*, W*)	Winter Vegetable Quiche with Nut Free Pesto (E, MK, G/W)	Nut Free Pesto Pasta (MK, G/W)	Veggie Sausage Roll & Chips (MK*, SO, G/B, W)
SIDES	Stir Fried Greens or Steamed Rice with Sweetcorn	Steamed Rice & Green Beans V	Rustic Roast Potato with Roasted Carrots & Parsnips	Green Salad	Beans or Peas V
PASTA & JACKET	Vegan Roasted Vegetable Pasta (G/W) V	Jacket & Salad	Tomato & Basil Pasta (CE, G/W) V	Jacket & Salad	Mac & Cheese (MK, G/W)
PUD	Chocolate Cookie (E, MK, SO*, G/W)	Orange & Berry Cake (E, MK, SO*, G/W)	Fruit Jelly V	Vanilla & Raisin Shortbread Biscuit (G/W) V	Ice Cream with Fresh Fruit (MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS

LOVE BRITISH FOOD

JOIN US FOR LUNCH IN SEPTEMBER 2025

FESTIVAL OF LIGHT

JOIN US FOR LUNCH IN OCTOBER 2025

BONFIRE Night

JOIN US FOR LUNCH IN NOVEMBER 2025

Winter WONDERLAND

JOIN US FOR LUNCH IN DECEMBER 2025

DATES

15 SEP / 6 OCT /
3 NOV / 24 NOV /
15 DEC

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 E = EGGS G/B = BARLEY G/W = WHEAT MO = MOLLUSCS P = PEANUTS SE = SESAME SEEDS S = SEASONAL VEG

